

Release from Liability Waiver

All participants must read and sign the liability waiver prior to participating in the walk.

I will be participating in the Out of the Darkness Memorial Walk on May 1, 2011. I am participating in this event despite the risks that are present. I fully accept and assume all risks and all responsibilities for any injury, losses and or damages to person or property that I incur as a result of my participation in the event, including during any travel to and from the event.

I agree to release and hold harmless the Walk, the Walk Committee, Leadership Thunder Bay, Confederation College, all participating community partners, as well as any other organization or person affiliated with the Walk for any injury, losses or damages to person or property that I incur.

I intend by signing this waiver to release and waive my rights and to discharge all of the persons and organizations mentioned above from all claims for damages for personal injury, death, property damage or other claims that I may incur or may occur as a result of my participation in this event. I indemnify and save the above mentioned persons and organizations harmless from and against all liabilities. I understand that this waiver is binding on my heirs, next of kin, and/or other representatives.

I am in good physical condition, which makes me physically capable of participating in this event. If I have any known medical conditions I have contacted my physician and received medical release to participate in this event. I recognize that I am solely responsible for my personal health and safety and for my personal property for the duration of this event. It is my responsibility to be aware of the rules and regulations set out for the event and I will abide by the rules and regulations for participation as set out by the walk committee.

I have carefully read this waiver and fully understand the contents and agree with all the requirements. My signature on the Registration form indicates that I understand and am legally bound by this waiver.

Impact on our community

The impact of suicide on our community is devastating. Each week people die by suicide in Thunder Bay and surrounding communities. These deaths are often silent because of the stigma attached to losing a loved one this way. We want people to feel comfortable talking about how their loved one died and get the support they need. By saying nothing to a family who has lost someone to suicide is like not acknowledging their loved one lived.

Our loved ones did not commit a crime. Rather, they saw suicide as the only way to end their pain. Committing suicide suggests that a crime was committed. "Dying by suicide" or "completing suicide" acknowledges the loss of hope and dreams in a person's life. No one should ever feel that suicide is an option.

It is important to reach out to those who have lost someone to suicide. The experience of losing a loved one to suicide can bring on many emotions. The guilt, helplessness and hopelessness we feel is indescribable unless you have experienced it yourself.

Join us as we try to help erase the stigma attached to losing our loved ones.

Margaret Hajdinjak

Thank you to the many community agencies, partners, volunteers, and participants who helped make this walk a success.

Thank you to Leadership Thunder Bay for providing the leadership to support this Community Action Project.

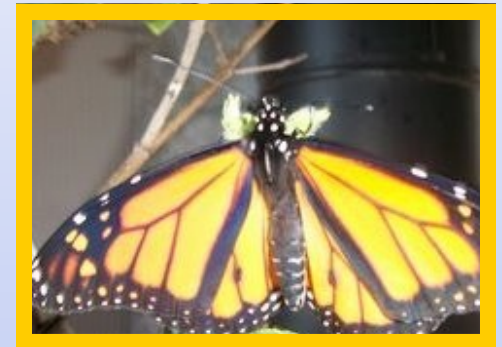
Out of the Darkness Memorial Walk

A Walk for Remembrance and Awareness

May 01, 2011

6:00-8:00 PM

Confederation College Campus
Thunder Bay, Ontario



Join Your Community and Make a Difference.
This is a FREE community event.

Sign Up Today!

Why Walk?

In 2005, after the death of her son Steven to suicide, Margaret Hajdinjak realized that something needed to be done for the community to help erase the stigma attached to suicide and support suicide survivors like herself and her family.

Join us for the 1st annual walk in Thunder Bay to help to raise awareness in the community about suicide and depression.

The Walk Will

Raise awareness

Create discussion

Foster hope

Support education, prevention

Intervention and postvention

All Walks of Life, Walk For Life

To help reduce the stigma attached to suicide.

In Memory

A memorial wall will be available to display a picture of your loved one.

For More Information Visit Us On Facebook

*Out of the Darkness Walk for
Suicide Awareness*

Continuing The Journey

Leadership Thunder Bay has been instrumental in launching the walk this year. However, help is needed to continue the walk in Thunder Bay in successive or future years. If you are interested in volunteering please indicate this on your registration form.

Sign up for the Out of the Darkness Memorial Walk 2011

May 1st, 2011

Confederation College Campus

Late registration 5pm-6pm

6:00pm Opening ceremonies

6:30pm Walk begins

8:00pm Closing

I would like to be a **Walker**

I would like to **Volunteer**



Name _____

Address _____

Phone _____

Email Address- add to list

For updates and the latest information regarding The Walk, please check off the provided box to be added to our e-mail list.

By signing you endorse that you have read the waiver and understand and agree by the terms indicated.

Participant Signature _____

Date _____

Walkers under the age of 18 must have a guardian's permission and signature.

Children attending under 18

1. _____

2. _____

3. _____

4. _____

Guardian's Signature _____

Date _____

Please complete the form and forward to:

Fax - (807) 623-1530

Drop off - Our Kids Count, 425 Edward St. N

Alpha Court, 200 - 106 Cumberland St. N